

**INSTRUCTION****Waiver of Physical Education Requirements - Middle School**

Research has documented the developmental need of middle school students for physical activity during the school day. The board of education recognizes the value of the learning experiences provided in the Physical Education program as well as meeting the need for physical activity.

Middle School Physical Education waivers shall be restricted to the following:

1. for health/medical reasons or the physical condition of the student as identified through documentation from a physician;
2. for special education needs as identified through an IEP.

See Also:  
Board Policy 6179: District Wellness

Policy  
Adopted: 10-07-91  
Amended: 03-19-07  
Reviewed: